

Instructors

Justine Joan Sheppard, Ph.D. CCC SLP BRSS, Board Recognized Specialist in Swallowing and Swallowing Disorders, is an ASHA Fellow. She has worked in early intervention settings for many years, has presented workshops on pediatric dysphagia nationally and internationally and teaches courses in early intervention at Teachers College, Columbia University. She chaired the ASHA ad hoc committee on Professional Practice Guidelines for SLPs in the NICU. Dr. Sheppard is editor (with S. Rosenthal and M. Lotze) of *Dysphagia and the Child with Developmental Disabilities, Medical, Clinical and Family Interventions* (1995). Among her recent publications on swallowing disorders are, Evidence based Interventions for Breast and Bottle Feeding (2007), Using Motor Learning Approaches for Treating Swallowing and Feeding Disorders, A review (2008).

Hilda Pressman, MA CCC SLP BRSS is a Board Recognized Specialist in Swallowing and Swallowing Disorders and is a regular member of the Dysphagia Research Society. She has worked as a Speech-Language Pathologist in a variety of medical settings. At present she consults to early intervention programs, schools and developmental centers in New Jersey, New York and other states as a Principle in Nutritional Management Associates. Additionally she provides dysphagia services to clients in Early Intervention Programs and in her private practice and lectures extensively in this area of specialty. She has published peer reviewed articles in the area of Dysphagia and Related Assessment and Management in Children with HIV/AIDS in HIV/AIDS: A clinical resource for communication, hearing and swallowing disorders D. Swanepoel and B. Louw (Eds.) (in press). She has also contributed chapters to the book Dysphagia and the Child with Developmental Disabilities, edited by Rosenthal, Sheppard and Lotze (1995).

Workshop Objectives

At the conclusion of this conference, participants will be better able to:

1. Recognize normal and abnormal development of feeding and swallowing
2. Understand the relationship between critical and sensitive periods of development and learning for swallowing and feeding and related behaviors
3. Work in a family centered model that supports development of skills and improved eating-related behaviors
4. Perform clinical assessments of swallowing and feeding in children from birth to 3
5. Develop appropriate goals and objectives for intervention
6. Implement appropriate strategies for treating behavioral, developmental and neuro-motor swallowing and feeding disorders

Locations

The conference will be held at Teachers College, Columbia University 525 West 120th Street New York, NY January 11 and 12, 2010 and Matheny Medical and Educational Center 65 Highland Avenue Peapack, NJ. March 25 and 26, 2010 Directions will be mailed with your confirmation



EARLY INTERVENTION FOR SWALLOWING AND FEEDING DISORDERS

Servicing Infants and Young Children

A workshop presented by Nutritional Management Associates LLC

Instructors

Justine Joan Sheppard
Ph.D. CCC SLP BRS-S

Hilda Pressman
MA CCC SLP BRS-S

Board Recognized Specialists in Swallowing and Swallowing Disorders

**Monday and Tuesday
January 11 and 12, 2010
Teachers College Columbia
University, New York, NY**

**Thursday and Friday
March 25 and 26, 2010
Matheny Medical and
Educational Center
Peapack, NJ**

Nutritional Management Associates, LLC
111 Chincopee Road
Lake Hopatcong, NJ 07849-1552
www.nutritionalmanagement.org

**A TRAINING WORKSHOP FOR
EARLY INTERVENTION
PROVIDERS
January 11 and 12, 2010 in NY
March 25 and 26, 2010 in NJ**

Workshop Description

This comprehensive workshop is an information-packed two days on managing swallowing and feeding disorders in Early Intervention (EI) settings. Many infants and children referred to EI have disordered swallowing and feeding. These disorders, often associated with complex medical, neuromotor, developmental, behavioral and family issues, are challenging for the EI provider. Complications of swallowing and feeding disorders have a far-reaching impact for the emotional well-being, health and safety of the developing child. It is critical, therefore, that the clinician performing swallowing and feeding assessments in EI and providing EI services be thoroughly trained and competent. This program provides participants with the knowledge base needed to be successful and effective service providers. Its content includes clinical assessment and treatment for sucking, transition feeding and advancing eating skills in infants and toddlers and managing the co-occurring behavioral problems. Provision of evidence-based, developmentally appropriate, culturally sensitive and family centered intervention will be considered. There will be extensive discussion of case illustrations and opportunities for questions. This workshop is an important one for clinicians who are currently practicing in EI and those who are contemplating an EI practice.

Workshop Schedule Day one- Assessment

- 8:00-8:45 Registration and Breakfast
8:45-10:00 Typical development of swallowing and feeding abilities
- Anatomy
 - Oral motor function
 - Milestones
 - Psychosocial aspects
 - Motor learning for acquisition of developmental skills
- 10:00-10:15 Break
10:15-12:00 Swallowing and Feeding Disorders in infants and toddlers
- Contributing causes
 - Signs and symptoms
 - Related Physiological, Medical and Behavioral issues
- 12:00-1:00 Lunch
1:00-2:30 Family and Environmental Issues
- Parent-child interactions
 - Cultural differences and individual preferences
 - Creating an effective family-professional relationship
- 2:30-2:45 Break
2:45-4:30 Assessment of Swallowing and Feeding
- Parent interview and History
 - Oral motor assessment
 - Observing feeding for sensory and motor issues
 - Probes for effective interventions
 - Impressions and Recommendations
 - Considerations for additional assessments
 - NMA norm-referenced assessment forms

Workshop Schedule Day Two-Treatment

- 8:00-8:45 Breakfast
8:45-10:00 Family Centered Treatment
- Principles of EI treatment
 - Working with the EI team
 - Meeting needs for nutrition and hydration
 - Working with the nipple-feeding infant for improved breast and bottle feeding
 - Transition from nipple to spoon feeding
- 10:00-10:15 Break
10:15-12:00 Advancing food textures and managing behaviors
- Managing sensory issues
 - Normalizing behaviors for therapy and Mealtimes
 - Developing eating skills – tolerating texture, chewing and drinking from cup and straw
 - Developing independence—finger, cup and utensil feeding
- 12:00-1:00 Lunch
1:00-2:30 Case studies The child with:
- Abnormal sucking
 - Global developmental delay
 - Neuromuscular disorder—CP
 - Apraxia
 - Autism Spectrum Disorder
- 2:30-2:45 Break
2:45-4:30 More case studies
- Delayed eating skills
 - GI disorder
 - Transition from tube to oral feeding

Send this form with payment to
Nutritional Managements Associates
%Hilda Pressman
33 Waldeck Court
West Orange, NJ 07052
Make check payable to **NMALLC**
Purchase orders or credit cards cannot
be accepted

Name _____
Address _____
City _____ State ____ Zip ____
Affiliation _____
Phone _____
E-mail _____
Jan _____ March _____

Workshop fee: NO CHANGE

! Regular Attendance \$350
! Early Registration \$325
! Group— 3 or more attendees with
same affiliation paying with single
check ! Regular Attendance \$325
! Early Registration \$300
Fee includes extensive handouts, continental breakfast, lunch and refreshments

Early Registration postmarked by
12/11/09 for Jan and 2/25/10 for Mar.
For further information contact Hilda
Pressman at hpressman@msn.com or
973-325-8446

Registration Confirmation: Registrants will receive written confirmation and directions by e-mail or letter.

Cancellation Policy: Tuition refund less a \$50 processing fee will be provided upon receipt of written request postmarked by 12/20/09 for January course or 3/3/10 for March course