

NUTRITIONAL MANAGEMENT ASSOCIATES, LLC
DIRECTIONS TO WORKSHOP SITES

Early Intervention For
Swallowing and Feeding Disorders
Servicing Infants and Young Children

January 11 and 12, 2010
March 25 and 26, 2010

New York, NY
Peapack, NJ

DIRECTIONS:

January 11-12, 2010

This workshop will be held at
Teachers College, Columbia University
525 West 120 Street
New York, NY 10027

Teachers College can be reached easily using NYC transit. There are two parking garages, one on 120th Street between Clairemont Ave and Riverside Drive and another on 122nd Street, between Broadway and Amsterdam Avenues. There are a limited number of two hour and six hour meters on the local streets that are available from 8AM or 9AM. They take quarters only. There is limited, alternate side, street parking.

March 25-26, 2010

This workshop will be held at
The Matheny Medical and Educational Center
65 Highland Avenue
Peapack, NJ 07977
Phone number 908-234-0011

Parking is free.

This site can be reached easily by car and can be reached by NJ Transit, Peapack-Gladstone Line.

From Route 287 South:

Route 287 south to Exit 22. Stay to the left onto Route 206 North. Take Route 206 North to Holland Avenue. Turn right onto Holland Avenue and follow to end. Turn left onto Main Street (Rt. 512). Take the first right onto Highland Avenue. Follow Highland Avenue to the end and turn left onto Matheny's drive.

From Route 287 North:

Route 287 North to Exit 22B. Follow above directions.

From NJ Turnpike:

Exit 10 towards Route 287 North. Go to Exit 14 and take Route 78 West to Exit 29 (Route 287 North). Follow above directions.

From Garden State Parkway:

Exit 127 to Route 287 North or Exit 142 to Route 78 West to Exit 129 (Route 287 North). Follow directions above.

From Route 80 West:

Proceed to Route 287 South. Follow above directions